

Keep ME & *Harpswell* **HEALTHY**



**WEAR CLOTH FACE COVERINGS IN
PUBLIC SETTINGS WHERE PHYSICAL
DISTANCING IS HARD TO MAINTAIN**



**WASH YOUR HANDS FREQUENTLY
WITH SOAP AND WATER FOR AT
LEAST 20 SECONDS**



**AVOID CLOSE CONTACT WITH PEOPLE
WHO ARE SICK**



**AVOID TOUCHING YOUR EYES, NOSE
AND MOUTH WITH UNWASHED HANDS**



STAY HOME IF YOU ARE SICK